



Indoor Soccer By-laws

The purpose of this Youth Recreational Program is to provide an affordable and enjoyable organized experience under capable adult supervision for the youth of Botetourt County. The program is organized to promote sportsmanship, cooperation, and teamwork in a fun and relaxed atmosphere.

I. Player Eligibility

- A. The eligibility age for participation is a minimum of six (6) years and maximum of thirteen (13) years of age by September 30th of current school year.
- B. Teams will be comprised of both male and/or female players (Co-Ed).
- C. The goal-keeper must wear a jersey of an alternate color from other players.

II. Equipment

- A. Indoor athletic shoes or sneakers must be worn by all players. No black marking shoes will be allowed.
- B. All players must wear shin-guards.

III. Game Play

- C. All games will be played with 2 – twenty (20) minute halves with a running clock and a 5-minute halftime.
- D. Teams will be given a 5-7 minute warm up before their game, if available.
- E. Teams will play with 6 players per team – 5 players in the field and 1 goal-keeper. Teams may play with less than 6 players if necessary or may borrow players from the opposing team to complete their 6 player roster.
NOTE: U14 age group will play 4 v 4.
- F. Substitutions can take place at any time during a game. Players may enter and leave the court in a “hockey” style of substitution and should tag hands with their sub. Coaches should attempt to balance each player’s time on the court equally.
- G. “Out of bounds” will occur when the ball fully crosses over the side or end lines of the regulation basketball court.
- H. Balls leaving field of play on the sideline will be placed on the line at the approximate location it left and kicked into play. There will be no “throw-ins”.
- I. Balls kicked by the offensive team out of the field of play on the endline will be placed on either of the foul lane blocks and will be kicked into play as a Goal-kick. Defensive players may not enter into the 3-point area until the ball crosses the 3-point line.
- J. Balls kicked by the defensive team out of the field of play on the endline will be placed on the corner of the court and will be kicked into play as a Corner-kick.
- K. All restart kicks will be played as in-direct kicks and the opposition must stand at least three (3) yards from the ball. **During goal kicks, the ball must come into contact with either the floor or player prior to crossing half court.**
- L. The goal-keeper box will be the area inside of the 3-point line and the keeper may handle the ball anywhere inside of this area.
- M. When the ball comes to rest with the goal-keeper, the keeper can throw or roll the ball back into play on their side of the court. The keeper may not throw the ball across half court unless it touches a player first and the keeper may not punt the ball.
- N. There is no offsides.
- O. A violation, including a hand-ball, tripping or rough play will result in an indirect kick from the point of the infraction.
- P. Penalty kicks may be awarded if a clear infraction by a defensive player occurs within the 3-point area that impeded an offensive player from an obvious scoring attempt. The penalty kick will be taken from the foul line and all players other than the player kicking and the goal-keeper must remain outside of the foul lane until after the ball is kicked.
- Q. The official may remove a player from the game for continued rough play.